

ICRC BULLETIN



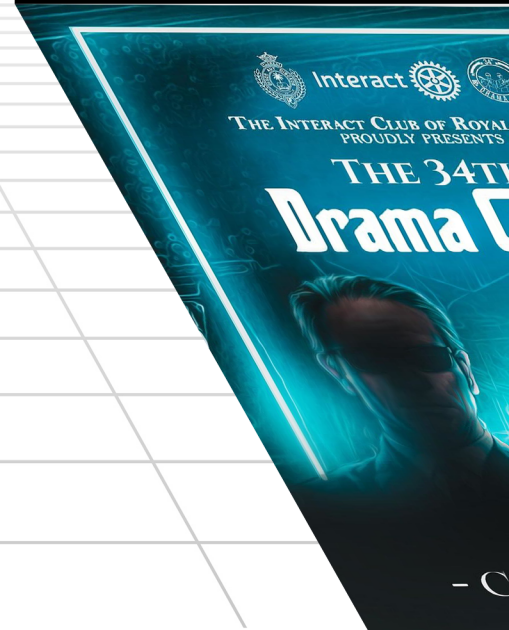
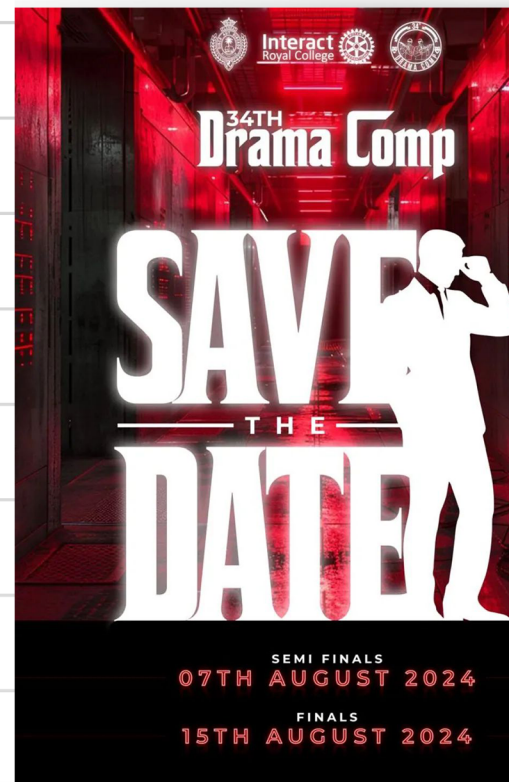
3RD EDITION
FIRST RELEASE

OVERVIEW

Sponsored by the Rotary Club of Colombo, The Interact Club of Royal College was chartered on the 18th of November 1965. Our club is the second interact club in the island and third in Asia and is the oldest functioning Interact Club in Sri Lanka. The President of the Club, before receiving the charter was Int. Raj Bar Kumara Kulasinghe. The Interact Club of Royal College is responsible to carry out projects based on the below mentioned avenues under the guidance of the Rotary and Interact District 3220.

1. Community Service
2. Club Service
3. Finance
4. Green Life
5. International Understanding

The annual projects of the club include Drama Comp, Abstract, Bradby Shield Souvenir, Funduhmental, Minor Employees, Surge, Footloose and Spectrum. Apart from organizing projects to benefit the public and Adults and Children with special needs, the ICRC concentrates to on issues inside Royal College as well. The club participated in a variety of different projects during an Interact year.



SAVE YOUR SEATS!

**CULTURAL ROOTS
GLOBAL EXPRESSIONS**

2 WEEKS MORE!

TH AUGUST 2024 | 4PM - 6PM | COLLEGE MAIN HALL

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CURATED BY THE INTERACT CLUB OF ROYAL COLLEGE

Interact

BEACH BRIGADE
A WAVE OF CHANGE

**BEACH
BRIGADE**

**14TH
JULY**

1.30PM ONWARDS | COLLEGE AVENUE ENTRANCE AT MT. LAVINIA BEACH

BEVERAGE PARTNER
RichLife

BY THE INTERACT CLUBS OF ROYAL COLLEGE, VISAKHA VIDYALAYA AND WESLEY COLLEGE

**DODGEBALL³⁰
AFTER PARTY**

**PM
S** | **AT MAS
ARENA**

AND VISAKHA VIDYALAYA

VISION OF INTERACT

“THE VISION OF INTERACT IS TO PROVIDE AN OPPORTUNITY FOR YOUNG PEOPLE TO WORK TOGETHER IN A WORLD FELLOWSHIP DEDICATED TO SERVICE AND INTERNATIONAL UNDERSTANDING”.

MISSION OF INTERACT

TO RECOGNIZE AND DEVELOP CONSTRUCTIVE LEADERSHIP AND PERSONAL INTEGRITY.

TO ENCOURAGE AND PRACTICE THOUGHTFULNESS AND HELPFULNESS TO OTHERS.

TO CREATE AN AWARENESS OF THE IMPORTANCE OF HOME AND FAMILY.

TO BUILD RESPECT FOR THE RIGHTS OF OTHERS BASED ON RECOGNITION OF THE WORTH OF EACH INDIVIDUAL.

TO EMPHASIZE ACCEPTANCE OF INDIVIDUAL RESPONSIBILITY AS THE BASIS OF PERSONAL SUCCESS, COMMUNITY IMPROVEMENT, AND GROUP ACHIEVEMENT.

TO DEVELOP LIFE SKILLS INCLUDING SELFDEVELOPMENT, TIME MANAGEMENT, AND PERSONAL FINANCES.

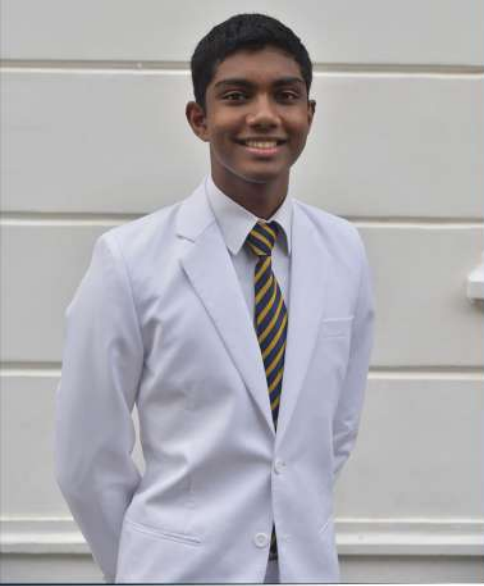
TO RECOGNIZE THE DIGNITY AND VALUE OF ALL USEFUL OCCUPATIONS AS OPPORTUNITIES TO SERVE SOCIETY.

TO PROVIDE OPPORTUNITIES FOR GAINING INCREASED KNOWLEDGE AND UNDERSTANDING OF COMMUNITY, NATIONAL, AND WORLD AFFAIRS.

TO OPEN AVENUES OF PERSONAL AND GROUP ACTION LEADING .

TO THE ADVANCEMENT OF INTERNATIONAL UNDERSTANDING AND GOODWILL TOWARDS ALL PEOPLE.





MESSAGE FROM THE EDITOR

Since its inception, the Interact Club of Royal College has stood as a beacon of service, leadership, and community engagement. Founded in 1965, the Interact Club has empowered countless young people to take an active role in the community, embodying the spirit of service above self.

The history of the Interact Club is rich with milestones and achievements. The club has undertaken projects ranging from community service, environmental conservation to cultural exchange. The common thread in these diverse efforts is a commitment to making a positive impact on society. As we reflect on this year, it is with great pride that we highlight some exceptional accomplishments of the club, which includes bringing back some of the most prominent projects done under the club after a lapse of a few years. A key highlight for me however, was being able to carry out a couple of Green Life initiatives to bring about some positive change under the Green Life Avenue. Namely, Beach Brigade and the Plastic Recycling Project. The ICRC bulletin is yet another headline of the year. Serving as both a communication tool and a source of inspiration, the bulletin plays a crucial role in showcasing our projects and keeping members engaged.

As I look back on my time with the Interact Club, I am grateful for the opportunities it has provided me and the lessons it has imparted. The experiences and skills gained through this journey have been invaluable, shaping my approach to leadership and community service. As we continue to build on this legacy, we are reminded that every action, no matter how small, can contribute to a larger, positive change. However, at the end of the day, all that we can recall are the memories we shared and friendships we made along the way. I am proud to say that many of the bonds I share with my closest friends are the outcome of us working together in the Interact Club. As we move forward, the lessons learned and the experiences shared will continue to guide us in our commitment to making the world a better place.

Int. Himath Hettihewa

Editor

Director of Green Life

Interact Club of Royal College 2023/24



**PROJECTS
INITIATED**

MILES TO PROTECT 2023

A HEARTFELT INITIATIVE

In a remarkable effort to impact the community, the Interact Club of Royal College and the Interact Club of the British School in Colombo united for a charitable initiative titled "Miles to Protect." This project was dedicated to supporting the 'Little Hearts' initiative, which aims to establish a cutting-edge cardiac and critical care complex at the Lady Ridgeway Hospital in Colombo for children with heart disease.

On a bright and sunny afternoon of July 9th, 2023, students, teachers, and local community members gathered for a spirited walk to advocate for young patients in dire need of critical cardiac care. Participants carried posters to raise awareness and support for children battling heart disease, starting from the famous the Royal College Boake Gate all the way to Green Path.

After completing the walk, a vibrant carnival took place at Vihara Mahadevi Park. The event featured live music and an array of food stalls offering delectable treats, creating a festive atmosphere. Performances by artists such as Celina Randeniya, Ryan Mario, and The Lunatics added to the lively ambiance.

Miles to Protect received overwhelming support from the community and sponsors, successfully raising significant funds for the 'Little Hearts' initiative. Thanks to the dedication and compassion of the Interact Clubs and their supporters, the cardiac and critical care complex at Lady Ridgeway Hospital is now a step closer to becoming a reality. This project exemplifies how collective efforts can profoundly impact the lives of those in need

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PRESERVING TRADITION

THE 77TH BRADBY SHIELD SOUVENIR

The Bradby Shield represents a longstanding and fierce competition of sheer will between the college on the hill and our venerable alma mater. This prestigious encounter carries immense traditional value, resonating deeply with both schools, their students, and alumni alike. In light of this significance, the Interact Club of Royal College undertook the initiative to publish the souvenir for the 77th Bradby Shield.

The souvenir was officially made available to the general public on August 5th, 2023, during the 2nd Leg of the Bradby Shield encounter. This publication served as the official documentation for the 2023 Royal–Trinity Rugby encounter. The launch of the souvenir was timed perfectly to coincide with the heightened excitement and engagement surrounding the event, ensuring maximum reach and impact.

The initiative was a resounding success. The club not only managed to generate substantial profits from the sales of the souvenirs but also secured additional revenue through sponsorships and advertisements. These financial gains were crucial in supporting the club's community service projects and other initiatives. More importantly, the publication succeeded in its primary objective of educating the public and documenting the rich history of the Bradby encounter. By doing so, it helped preserve the sanctity and legacy of this esteemed event.

Additionally, the process of creating and publishing the souvenir provided invaluable learning opportunities for club members. They gained essential skills in areas such as project management, marketing, and publication, which will undoubtedly benefit them in their future endeavors. The experience of producing a high-quality souvenir from concept to completion was an educational journey that equipped members with practical knowledge and expertise.

DREAM WEAVERS'23

Dream Weavers; an initiative by the Interact clubs of Royal College, Interact club of Colombo and the Interact club of Colombo North. This is a platform dedicated to amplifying the voices and talents of those often overlooked in our society.

We are on a mission to foster international understanding and empower individuals to express themselves freely through art.

The initiative took place on November, where many students as well as participants were able to enhance their confidence and skill in their respective fields, where while building up confidence they learnt the importance of team work and critical thinking.

The project wouldn't have been a successful and memorable without the dedication and hard work of the committee members as well as the club members who showed their work ethic and competence when working and helping the participants.

ACCOLADE 2023

HONORING THE UNSUNG HEROES OF ROYAL COLLEGE

In every institution, the minor staff often stand as the unsung heroes, tirelessly providing essential services with minimal recognition. To express our profound appreciation for their contributions, the Interact Club of Royal College organizes an annual event called Project Accolade. This initiative is designed to support and uplift the minor staff of our school, acknowledging their invaluable work and dedication. During Accolade, we offer medical checkups conducted by doctors from the Old Boys Doctors Association, along with any necessary prescribed medications. Additionally, the staff members are treated to refreshments and lunch as a token of our gratitude for their vital contributions to the school.

On October 6th, 2023, Accolade was held on a grand scale at the Royal College West Wing Lobby, successfully fulfilling its primary objectives:

Recognizing and appreciating the invaluable services provided by the non-academic employees of Royal College.

Organizing health checkups for all minor staff and equipping them with resources to enhance their quality of life and to ensure a healthy living experience for the future.

Through these efforts, the club provided the minor staff with essential medications and valuable advice on both mental and physical well-being. This initiative is particularly beneficial as these dedicated individuals work tirelessly for the betterment of the college and perform various duties under the royal flag. Accolade has consistently proven to be a meaningful and impactful initiative, reinforcing the bond between the school's administration, students, and minor staff. By recognizing their contributions and ensuring their well-being, we strengthen the foundation of our institution and promote a culture of respect and appreciation.

58TH INSTALLATION

A CELEBRATION OF LEADERSHIP

The 58th Installation Ceremony often dubbed as the best Installation to ever take place was a significant event organized by the Interact Club of Royal College to honor the outgoing board and welcome the incoming board of the Club. Held on December 13, 2023, the event was a grand affair, orchestrated by the Grade 10 batch of the Interact Club of Royal College. This event witnessed the participation of over 250 + participants including Presidents, Secretaries, and other Board of Officials from various and prestigious Interact clubs across Sri Lanka.

The primary purpose of 58th Installation Ceremony was to recognize the achievements and contributions of the outgoing board while ushering in a new era of leadership. The ceremony provided a formal setting for the transfer of responsibilities, ensuring a smooth transition and continuity of the club's activities.

The event commenced with a warm welcome to all attendees, followed by speeches from key figures in the Interact community. These speeches acknowledged the hard work and dedication of the outgoing board and offered encouragement and guidance to the incoming board. A highlight of the evening was the formal induction of the new board members. Each incoming official took an oath, pledging to uphold the values and objectives of the Interact Club.

Adding a special touch, the 58th Installation Ceremony was the launch of the first-ever Installation Souvenir. This meticulously crafted souvenir, conceived by the Installation Committee, commemorated the event and documented the club's journey over the past year. The souvenir served as a keepsake for attendees and a testament to the hard work and dedication of the committee members.

MEALS ON WHEELS

BRINGING NOURISHMENT AND HOPE TO THE HOMELESS

Meals on Wheels is a heartfelt community service project by the Interact Club of Royal College, aimed at providing nutritious meals to the lesser fortunate individuals in our all over Colombo. This initiative, driven by the compassion and dedication of our club members, seeks to address the pressing issue of food insecurity among the most vulnerable members of our society.

Our members came together to prepare wholesome meals, carefully planning balanced menus that offer both nourishment and comfort. The committee took to the streets, distributing food to those in need. The impact of Meals on Wheels extends beyond merely providing sustenance; it brings a sense of dignity and hope to the recipients, showing them that they are valued and not forgotten.

Taking place on the 4th of December 2023, the grade 10 batch took on the challenge of bringing a smile on the face of the lesser fortunate individuals. The Meals on Wheels committee successfully handed out hundreds of meals, making a tangible difference in the lives of many. The smiles and gratitude of those we serve are a testament to the profound impact of this initiative. Through Meals on Wheels, the Interact Club of Royal College continues to uphold its commitment to service, empathy, and making the world a better place, one meal at a time

CULTURAL EXCHANGE

The Interact Club of Royal College proudly hosted one of its longest-standing projects in the avenue of International Understanding during the 2023/2024 Interact year. This initiative unfolded over two phases, involving partnerships with global Interact clubs.

On November 13, 2023, we collaborated with the Interact Club of Aarong Comilla, Bangladesh. Where we fostered an enriching exchange of cultural insights and traditions, strengthening ties between our clubs. As for the second phase united clubs from Sri Lanka, including the Interact Club of St. Peter's College, Visakha Vidyalaya, and the Interact Club of JKG International, India. We organized a cultural exchange and discussed a collaborative plastic recycling effort, reinforcing the Interact vision of "Service above Self."

This endeavor exemplified how we transcend borders through mutual understanding and friendship, building lasting bonds and enhancing alliances between our clubs. The support received from both the clubs and its members were phenomenal into making this project a successful and memorable one.

FUNDAHMENTAL'24

Funduhmental is a project organized by the Interact Club of Royal College and the Interact Club of Visakha Vidyalaya as one of the main projects organized by the club for the past few years. The project was carried out in two phases, the first being a fundraising project where the funds will be collected through a dodgeball competition while the second is a community service project. The sole purpose of this project is to uplift the living standard of society.

The first phase of the project took place on the 6th of April 2024 in the Royal College Mas Arena. Players as well as participants enjoyed an explosive as well as a boastful experience filled with interesting dodgeball match, filled with spiritual sportsmanship and outstanding athletic abilities. Utilizing the profits gained from this phase a community service project was carried out afterwards where essential goods to orphanages in this time of crisis to not only give back to the community but to provide aid for the betterment of their organization.

Fundamentals received immense support from the committee members as well as organization which led to a successful year of thrilling matches and a successful donation programme. The project is a perfect example of how sheer commitment can help along way

KICKOFF'24

Kick Off is an initiative presented by the Interact Clubs of Royal College, Colombo 07 and S. Thomas' College, Mount Lavinia. The event will feature a tag rugby 7s tournament comprising 16 teams in the age category of Men's Under 21. (Teams will be matched against opponents of similar age groups) This competition is open to all interactors and non-interactors from various schools, with teams consisting of 10 members, 7 of whom will play on the field at once, and 3 serving as reserves.

This tournament took place on the 7th of April 2024, onwards at the Small Club Grounds, S. Thomas' College Mount Lavinia. Interactor's as well as their supporters joint together from 9:30pm, to witness the spiteful matches taking place. Crowd members who participated as well as players had a bosting experience with the matches and enjoyable experience with the surrounding mini games and food stalls.

Near the end of the experience, a musical show was hosted featuring singers such as Hansana Jayawardena and Manuka Ekanayake, Celina Randeniya as well as Minuka Gurusinghe. Which gave an enjoyable atmosphere for the participants.

Kick off received a considerable amount of support from the community and supports, which helped the matches to give a very interesting and competitive spirit.

ABSTRACT'24

Abstract'24 is a festival full of fun and games for underprivileged orphans, which has been organized for 24 years, by the Interact Clubs of Royal College & Bishop's College. The aim of this project is to inculcate, leadership and teamwork in all the participants, whilst ensuring each child is given a truly unique and enjoyable experience.

On the 9th of June 2024, students, interactors and well as teachers joint together and made this day a fun Day left an indelible mark on both the orphans and the volunteers. Children who participated left with memories of a day filled with joy, while volunteers felt a renewed sense of purpose. The event reminded everyone that kindness, compassion, and shared experiences can transform lives.

After the fun games came to an end to give the orphans a joyful experience a musical show as well as a magic show was performed in the Royal College Mas Arena. Which were performed by Adithya Fernando as well as 5th Fret and Kamal the Magician to give the children a pleasurable experience.

Abstract project received a staggering support from the community as well as sponsors, making it possible to raise funds to make the Fun day a memorable one and thanks to the support and commitment we received from the Interact club and their members the project was quite a success leaving the mark on how efforts like this can make a profound difference in the lives of young hearts.

BEACH BRIGADE

We are all aware that one of the biggest global issues affecting our ocean's is plastic pollution. However, while much of the general public's focus is on climate change, the biggest threat to wildlife and human health is the ever-increasing number of plastics and pollutants that are accumulated on a daily basis. Unfortunately, when these plastic makes its way to the ocean, it also finds a home in coral reefs, causing serious problems for these elaborate statues of the sea. "A Wave of Change" aims to coordinate the efforts of hundreds of people who are concerned about the impact of plastics on the oceans, to help reduce the adversities by carrying out a beach clean-up and creating awareness. Furthermore, we are able to deliver a full range of solutions, with collaborative partners such as the 'Pearl Protectors; an organization dedicated to the conservation and protection of the Sri Lankan coastal belt and marine life, and companies on their packaging, products, materials, waste and recycling, which will help to achieving scaled plastic sustainability objectives.

The project took place on the 14th of July at the Mount Lavinia beach from 10.a.m. onwards, where helpers, interactors joined together to help and make the coastal reefs a clean inhabitant for the seas and its wildlife. After a day of hard work everyone who participated felt happy and accomplished after cleaning the reefs and the beach.

Beach Brigade received a wavering amount of support from the committee as well as the participants which was the result of a good clean up and a memorable one.

HOSTEL INITIATIVE

Hostel Initiative is an initiative done by the Interact Club of Royal College, with the aim of helping the hostellers improve their English as well as their speaking skills. With the help of our committee members and fellow club members we achieved success.

Hostel Initiative happened on 10th of July, 2024 and continuously happened for 4 phases on every Wednesday. The young minds were able to improve their English and speaking abilities which will help them both in their careers in school and after it.

None of this wouldn't have been possible without the help of your club members, helping the hostlers improve their knowledge in the field and knowledge made us think about the impact we had and how it helped the futures years to come.



EXPLORING IDEAS WORTH SPREADING: TEDx

CULTURAL ROOTS AND GLOBAL EXPRESSIONS

TEDx is an independently organized event that operates under the license of TED, a globally recognized platform for sharing ideas through powerful talks. TEDx events are community-driven and are planned, coordinated, and executed by local volunteers who are passionate about bringing the TED experience to their communities. These events feature live speakers, performances, and recorded TED Talks, all centered around a theme that is chosen by the organizing team. The goal of TEDx is to create learning, inspiration, and wonder while provoking conversations that matter. Each TEDx event is unique in its content and design, reflecting the personality and interests of the community it serves.

The Interact Club of Royal College was lucky enough to be given the opportunity to curate a TEDx talk at our own Main Hall under the theme "Cultural Roots, Global Expressions." The event featured a distinguished lineup of speakers, including Mr. Pasindu Dharmasiri, Mr. Ruchi Gunewardene, Dr. Lakmal Kulasekara, Ms. Aadhitya Jayaseelan, Mrs. Yasodhara Pathanjali, and Mr. Amrit Fernando. Each speaker brought their unique perspectives and expertise, exploring how cultural heritage influences global innovation and expression. The event was limited to 100 individuals as per the TEDx guidelines, who engaged deeply with the diverse topics presented, creating a vibrant atmosphere of learning and inspiration. This TEDx talk provided a platform for the community to connect with thought leaders and explore the intersections of culture and global impact.

DRAMA COMP'24

Drama Comp'24 is an initiative carried out by the Interact club of Royal College the project happened under the theme of "Men is Black" and was carried out after a hiatus of 5 years. Drama Comp is not just a project is a platform for building young thespians to showcase their talents and express their creativity through dramatic performances. Each year, teams from different schools across the island come together to compete for the coveted Drama Comp trophy. But Drama Comp is more than just a competition, it's an opportunity for students to develop their theatrical skills, build confidence, and foster teamwork. With guidance and support from their teachers and mentors, participants learn to write scripts, design sets, and choreograph scenes, all while honing their acting abilities.

Drama Comp Finals happened on the 15th of August at the Lionel Wendt Art Centre, with 5 schools taking part it was a staggering performance filled with intriguing performances and hysterical moments which received great feedback from the audience.

The competition received staggering support from sponsors to donators and helpers and the audience on the day.

FIVE AVENUES OF INTERACT

COMMUNITY SERVICE

THOUGH COMMUNITY SERVICE IS NOT AN EXCLUSIVE ASPECT OF INTERACT, IT IS THE HEART AND SOUL OF THE MOVEMENT.

CLUB SERVICE

CLUB SERVICE IS ESSENTIALLY THE AVENUE OF INTERACT WHICH FOCUSES ON THE WELLBEING AND THE DEVELOPMENT OF THE BASIC FOUNDATION OF A CLUB WHICH IS ITS MEMBERS.

GREEN LIFE

THE AVENUE OF GREEN LIFE HOLDS IMMENSE IMPORTANCE IN THE CURRENT WORLD, SEEING THE LACK OF RESPECT OR THOUGHT WE PAY TO MOTHER EARTH.

FINANCE

THE FINANCE PROJECTS AND THE FUNDRAISERS HELP TO FUND PROJECTS WHICH HAPPEN UNDER THE OTHER AVENUES OF THE CLUB.

INTERNATIONAL UNDERSTANDING

INTERNATIONAL UNDERSTANDING IS AN AVENUE OF SERVICE THAT PROMOTES INTERNATIONAL GOOD-WILL AND UNDERSTANDING AMONGST COMMUNITIES TO PROMOTE WORLD PEACE AND UNDERSTANDING TO THE MEMBERS.

The background of the entire page is a dark blue topographic map. It features intricate white contour lines of varying thicknesses, some solid and some dashed, creating a complex, organic pattern of hills and valleys. The lines are densely packed in some areas and more sparse in others, giving a sense of depth and texture.

BOARD OF OFFICIALS

FOR THE YEAR 2023-2024



INT.CHARITH AHANGAMA PRESIDENT

It was not too long ago when my friends and I flocked towards Main Hall on a Wednesday afternoon for our first weekly club meeting, with no clue of what's to come our way through this extraordinary movement which now to me is far more than simply a club. A bittersweet feeling rushes through me as I pen this message for the ICRC Bulletin, with my time in this prestigious club being down to it's last couple weeks.

Since its inception in the year 1965, The Interact Club of Royal College has always strived to create an impact in the society through its wide array of projects crafted by the members with great passion; Motivated not by awards nor citations but rather to make the world a better and happier place, with every project to come.

The ICRC Bulletin, having been initiated in the year 2022 plays a crucial role in presenting all initiatives carried forth by the club during the frame of a year. This publication not only serves as a record of the clubs projects but also as a repository for the Royal Interactors where they share their key experiences and memories.

On behalf of the club, I owe a big 'Thank you' to our Teacher-in-Charge Mrs. Iresha Gunathilake, Our longstanding panel of Rotary Advisors, College Administration and Principal Sir for the tremendous support they rendered over the year and without whom this publication would not be a reality.

I'd also like to commend the editorial for a job well done especially considering the time constraints faced with, and the members of the club for their valuable input in compiling the bulletin, yet again proving to us that the future of the club is in good hands.

Viva La Interact!

Int. Charith Ahangama
President,
Interact Club of Royal College



2ND DISTRICT MEETING

EDITED BY
SAVIN



INT.BUDA CUMARATUNGA SECRETARY

When Jamal asked me to write a message as the Secretary about my experience in the Interact Club of Royal College for the ICRC Bulletin I was overjoyed. But then I was also horrified when he added... "Just 4 or 5 lines would be fine!" How could I possibly limit all those amazing experiences of close to 5 years to five lines. Well I'll try to best to keep it as short as possible.

These being our last few days as interactors, when I was asked to write this message, my memory took me five years back to the simple, adventurous times of 2020. We were the newest grade 10s and walking in through the Boake Gates for the first time wearing longs and passing the Main Hall and main building everyday on our way to class it was certainly beginning to feel like a novel experience. Being part of the Royal College Choir I had heard many stories about this club in school called the "Interact Club" from our seniors who made the projects and activities sound super fun. So when a notice was shared that the first interact meeting will be held on the first Wednesday of the year, along with many batch mates I too decided to go and see what it was all about. So started our interact journey.

Our interact journey has really been a rollercoaster ride. I was lucky to get into Abstract, and also be appointed as co-chairperson of Installation in my first year only for COVID-19 to strike firstly a month before Abstract in March 2020 and then again as the second wave just over a couple of weeks before installation. But later on we were able to experience the good times as well when we brought back physical projects after lockdown ended in 2022 and 2023. But through all these times we still had fun and managed to enjoy everything we did, sometimes even while stuck at home during lockdown. It was through these experiences that we learnt to accept that not just success but failure too was a part of a learning curve, to speak, do and fight for what we felt was right regardless of the personal consequences and to strive to lift up the standards and give your best but only for the right reasons. Looking back on these five years I believe these lessons we learnt and the memories we made are what truly matters and I can definitely say that I have no regrets.

I would like to thank all my seniors for believing in us and inspiring us. To all our juniors, we've seen a lot of new energy and enthusiasm coming in to the club over the years and it has really been a treat to work with all of you, specially during the time I was the Community Service Director in 2023. To our batch, thank you for sticking through till the end. I would also like to take this opportunity to thank our Teacher -in-Charge Mrs. Iresha Gunethilaka who has been a pillar of support for the ICRC from the start of our journey till the very end and also Rtn. PDG Senaka Amerasinghe , Rtn. Majeed Cader and Rtn. Sureka Amerasinghe for all their guidance. I would also like to thank the senior administration of Royal College for the support provided to our board throughout this year.

I would like to congratulate the Bulletin committee on completing another edition of the ICRC Bulletin. May the Interact Club of Royal College grow from strength to strength. As we say at the end of each huddle,
FOR ROYAL!





INT.SHANKARSHANA RATNASABAPATHY
TREASURER

Ever since joining the Interact club the very day we became grade 10s, to now leaving after serving in multiple capacities it's truly been a journey. Undoubtedly the experiences and skills I gained over the last 5 years shaped my life in school just as it has done for many individuals before and for many more to come. And like we always say, the memories made with our friends are genuinely unforgettable and ones that we will cherish for as long as we live.

I will always be eternally grateful for what this club has given me and I hope the passion we have for this club carries on for years to come. Finally, as the torch passes on to the next generation always remember it is never just about the projects completed or club meetings attended but the bonds we form with each other and the lives we impact along the way.





INT. SHAMAL WIJESIRIWARDENA VICE PRESIDENT

All good things must come to an end, and as we approach the close of our term at the Interact Club and our college journey, I find myself reflecting on the countless cherished memories we've created together. I'm profoundly grateful for everything the Interact Club has given me and for the person I've grown into because of it. Yet, what I cherish most are the deep bonds we formed while working side by side with my fellow batch members and the lifelong friendships that have become my greatest treasures.

Jayaweva!





INT.SAHAN AGALAWATTA DIRECTOR OF CLUB SERVICE

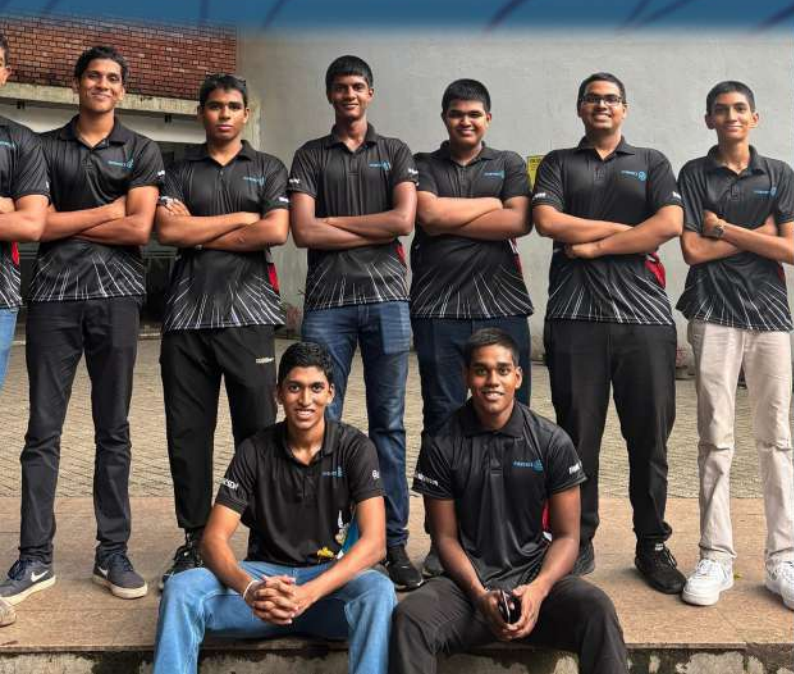
As the Club Service Director for the Interact Club of Royal College, I gained invaluable experience in leadership and community service. I led various projects, including clean-up drives and fundraising events, which strengthened our connection to the community and each other. My role also involved fostering unity within the club through open communication and celebrating our achievements. This experience enhanced my skills in project management, public speaking, and teamwork while teaching me empathy and resilience. I am grateful for the growth and connections made, which will guide my future endeavors.





INT.THEVINU WELIGEPOLAGE DIRECTOR OF COMMUNITY SERVICE

As I step down from my role as the Director of Community Service, I want to extend my heartfelt gratitude to everyone who contributed to our initiatives this year. Together, we've made a meaningful impact through various projects and strengthened our ties with the community. It has been a privilege to work alongside such dedicated members. I am confident that our new team will continue to build on our successes and drive even greater achievements. Thank you for your support and commitment; it has truly been an honor serving with you all.





OSHAN SENARATHARACHCHI
**DIRECTOR OF INTERNATIONAL UNDERSTANDING/
SERGEANT AT ARMS**

From the start of this new Interact year, our primary goal was to overcome the complacency in the avenue of International Understanding. We achieved this by elevating our club's cultural presence and global impact, embodying the vision of "Service above Self." Thanks to the dedicated efforts of our avenue directors, the Interact Club of Royal College has once again reached the golden standard it is known for.

Viva La Interact!





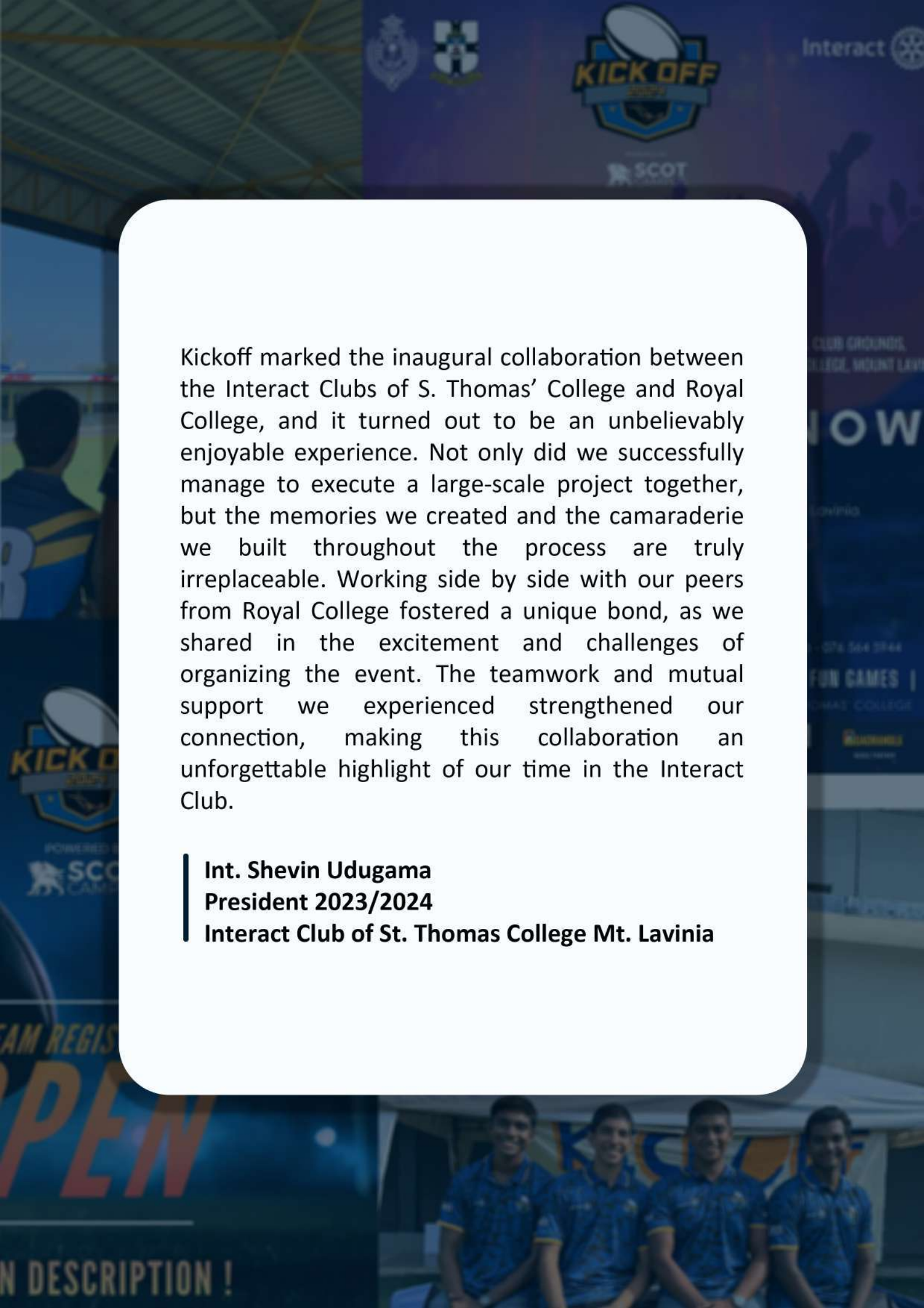
INT.KEVAN PANAPITIYA DIRECTOR OF FINANCE

First of all I would like to say what a honour and privilege it has been to part of such a prestigious club in college ever since i was so small I've always wanted to do join the interact club cause of the stories I've heard and I was one of the few lucky ones to get into the board I've had the time of my life here with my friends I've learnt so many things made so many memories met the most beautiful and wonderful people to work with and I'm forever grateful for everything ive learnt here and I'd do it all again in a heartbeat





ARTICLES

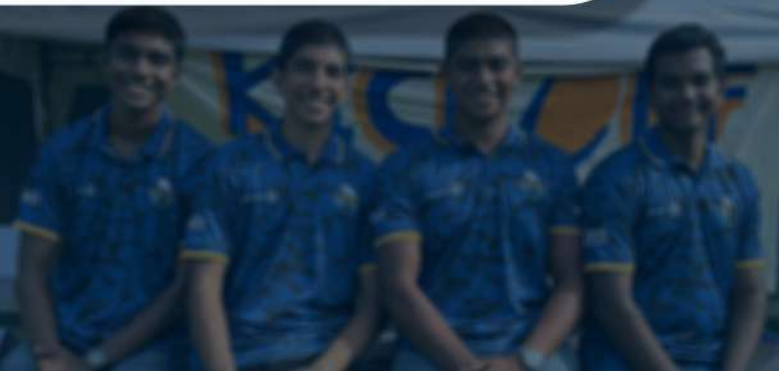


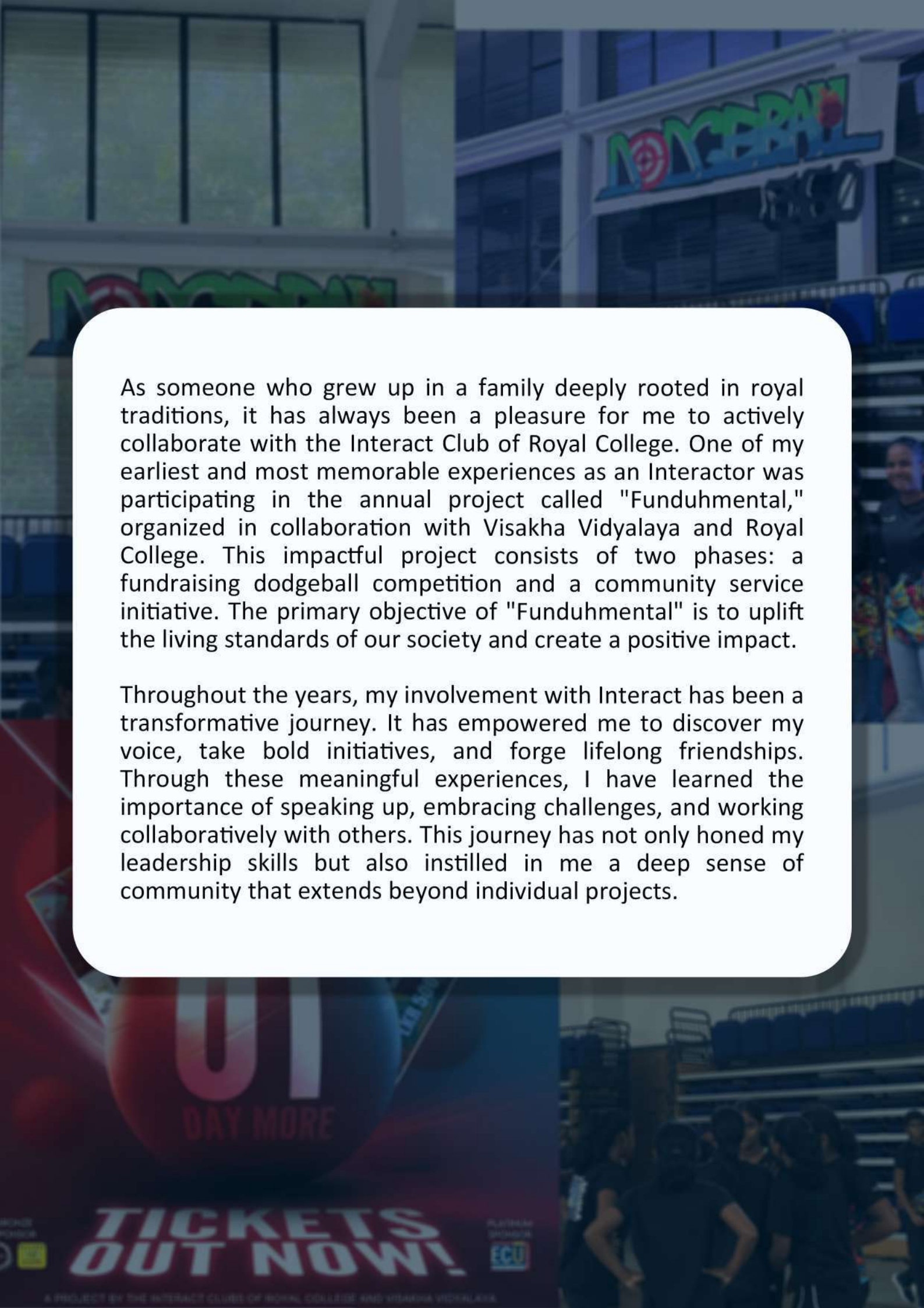
Kickoff marked the inaugural collaboration between the Interact Clubs of S. Thomas' College and Royal College, and it turned out to be an unbelievably enjoyable experience. Not only did we successfully manage to execute a large-scale project together, but the memories we created and the camaraderie we built throughout the process are truly irreplaceable. Working side by side with our peers from Royal College fostered a unique bond, as we shared in the excitement and challenges of organizing the event. The teamwork and mutual support we experienced strengthened our connection, making this collaboration an unforgettable highlight of our time in the Interact Club.

Int. Shevin Udugama

President 2023/2024

Interact Club of St. Thomas College Mt. Lavinia



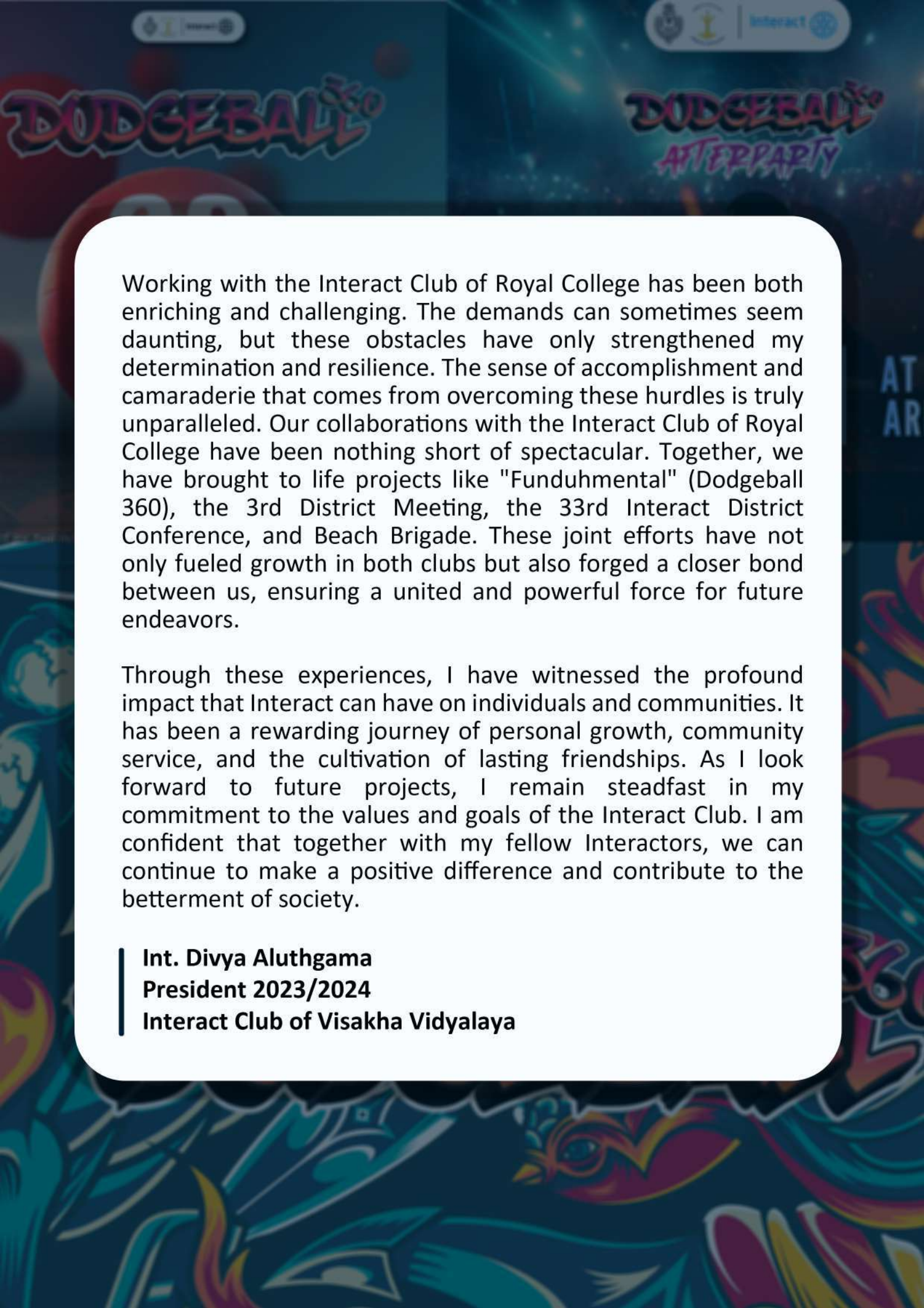


As someone who grew up in a family deeply rooted in royal traditions, it has always been a pleasure for me to actively collaborate with the Interact Club of Royal College. One of my earliest and most memorable experiences as an Interactor was participating in the annual project called "Funduhmental," organized in collaboration with Visakha Vidyalaya and Royal College. This impactful project consists of two phases: a fundraising dodgeball competition and a community service initiative. The primary objective of "Funduhmental" is to uplift the living standards of our society and create a positive impact.

Throughout the years, my involvement with Interact has been a transformative journey. It has empowered me to discover my voice, take bold initiatives, and forge lifelong friendships. Through these meaningful experiences, I have learned the importance of speaking up, embracing challenges, and working collaboratively with others. This journey has not only honed my leadership skills but also instilled in me a deep sense of community that extends beyond individual projects.

**TICKETS
OUT NOW!**





Working with the Interact Club of Royal College has been both enriching and challenging. The demands can sometimes seem daunting, but these obstacles have only strengthened my determination and resilience. The sense of accomplishment and camaraderie that comes from overcoming these hurdles is truly unparalleled. Our collaborations with the Interact Club of Royal College have been nothing short of spectacular. Together, we have brought to life projects like "Funduhmental" (Dodgeball 360), the 3rd District Meeting, the 33rd Interact District Conference, and Beach Brigade. These joint efforts have not only fueled growth in both clubs but also forged a closer bond between us, ensuring a united and powerful force for future endeavors.

Through these experiences, I have witnessed the profound impact that Interact can have on individuals and communities. It has been a rewarding journey of personal growth, community service, and the cultivation of lasting friendships. As I look forward to future projects, I remain steadfast in my commitment to the values and goals of the Interact Club. I am confident that together with my fellow Interactors, we can continue to make a positive difference and contribute to the betterment of society.

Int. Divya Aluthgama
President 2023/2024
Interact Club of Visakha Vidyalaya

The Interact Club of Royal College and the Interact Club of Bishop's College first came together in the year 2000 to collaborate on "Abstract," a community service project aimed at uplifting the lives of underprivileged children. Ever since, our clubs have worked closely on various projects as part of the same Rotary Family. This year, our clubs' Interactors once again joined forces on the 9th of June to conduct Abstract for the 24th year, under the theme "Superheroes." Around 150 orphans from four different children's homes had the opportunity to experience a day full of enjoyable games and activities centered around teaching them leadership, teamwork, and unity. The program concluded with an interactive magic show, engaging musical performances, and the distribution of gift packs. This project is a testament to how working together not only makes us stronger but also benefits our community as a whole. Our clubs have long histories of dedication and impactful projects, and it is heartening to see the collaborative spirit between the Interact Clubs of Bishop's College and Royal College grow stronger each year. I look forward to our continued cooperation, shared initiatives, and the camaraderie that binds us. Let us strive to make a meaningful difference, uphold the values of Interact, and inspire others to join us in our endeavors.

Int. Liana Ariyaratne
President 2023/2024
Interact Club of Bishop's College

I got to know about interact from my seniors in choir and other clubs and from their experience and what I've heard about it from them, I was quite eager and excited to be apart of it. At first, I thought Interact was yet another club just doing projects and there was not much fun to it but after being a helper in quite a few projects as well as being a committee member of a few projects I'm quite happy to say I thought wrong and interact is an unforgettable journey itself.

One of my favorite memories being an interactor was my first ever project Abstract'24 as well as the huddle after it, after working tirelessly for months, weeks and days it was finally the day of the project, I was quite thrilled to see the day unfold and see all the orphans enjoy their day and make a memory from it, and to say the least it was memorable day for myself as well. After the project was completed the seniors, club members and the committee members gathered around for the huddle. Something I've heard about from a multitude of people, had never been able to experience it and it was my first time. Everyone gathered around in a circle, whilst some of them looking very tired, their sweat dripping off their head and some even looking very pale. But for the huddle everyone forgot about all their tiredness and was stoked for it, it being my first huddle I didn't really see much about it. But after it I learned it was one of the most significant things an interactor can be apart of, where people share their thoughts, ideas, improvements about the project and how the day went.



While doing projects and participating them is one of the best and significant things of being an Interactor, another part of it is how close you get to your batch mates through all the work you all share and participate in, through all the late night meetings, decoration sessions and fun days we went from just random people who knew each other and were in the same grade, to brothers with an unbreakable bond and unforgettable memories.

Although I've only been apart of interact for a year or maybe a few months, I've developed and learned so much. From gaining confidence, teamwork, leadership, creativity to friends, mentors as well as brothers. Experiences only one could imagine to develop, experiences I respect and cherish for my years to come.

It is a privilege to have been able to do so much and help out so much with interact. I am proud to call myself a Royal College Interactor a legacy of over half a century and have been able to participate and help with the community as well as international understandings. I am thrilled and eager to make more memories in the coming years and hope to do more towards the community and the club.

Being in interact is not just doing work, but it's also a way of life.

| Int. Hiruke Nethumal

ACKNOWLEDGEMENTS

The Interact Club of Royal College wishes to extend their most sincere and grateful thanks to the following:

- Principal of Royal College, Mr. T. Waththuhewa, for his continuous encouragement and generous support.
- Senior Deputy Principal, Mr. L.W.K Silva for his continuous guidance and support.
- Senior Master of Clubs & Societies, Mr. W.D.C. Fernando for his continuous guidance and generous support
- Deputy Principals, Assistant Principals and other members of the senior administration for their generous support.
- Mrs. Iresha Gunathilake & the other members of the academic staff for their immense support and guidance extended to the club.
- Students of Royal College for writing such astonishing articles. Our Parents for all their support and patience throughout these hectic months of co-curricular activities.
- Last but not least, the Organizing Committee, without their support this publication would not have been a success.
- All those who contributed, yet to stay anonymous.